

Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar.

# **FATHERS NETWORK**

## A POWERFUL VOICE FOR FATHERS AND FAMILIES OF CHILDREN WITH SPECIAL HEALTH CARE NEEDS

#### Who we are:

Since 1978, the Washington State Fathers Network has supported, informed, educated, and learned from the fathers of children with disabilities and special health care needs across Washington.

#### What we do:

We connect fathers of children of all ages who have special health care needs with each other and with resources, information, and education to help as they become more competent and compassionate caregivers for their children. We also advocate for those with special needs and their families to enjoy full and integrated participation in community life.

### **Our results:**

Each year, hundreds of dads and their families find the Network to be an opportunity to have their voices heard and a vital resource for authoritative information, invaluable education, and critical support.

#### Dads who participate in Fathers Network:

- Report a decrease in isolation
- Increase their access to resources and useful organizations
- Feel increasingly confident about being a father
- Use healthy strategies for coping with stress
- · Are very satisfied with their participation in the Network



Fathers Network is a program of Kindering. Learn more at fathersnetwork.org or call 425-653-4286