

## Who Should Apply?

We are seeking a diverse group of highly motivated and enthusiastic men and women to participate in this leadership training. A limited number of participants will be selected with an emphasis on representation from Snohomish County.

- Adults with intellectual/developmental disabilities
- Parents of children (young or adult) with Intellectual/developmental disabilities
- Any other family members (grandparents, adult siblings, etc.)
- Community members/Professionals



## Participants are expected to:

- Attend all scheduled leadership training sessions (in person and virtual).
- Complete homework assignments between sessions.
- Remain involved in advocacy and complete a project at the end of the leadership development program.
- Sign a contract agreeing to meet all program requirements.
- Attend or host a legislative coffee in the Fall in your community

***Achieve with us.***

## What's included:

This will be a multi-modality training, and includes:

- Two, in person trainings; one at the beginning of the training and one at the end of the training.
- Monthly conference calls with leadership staff and other participants.
- Self-paced online trainings.

## Topics will include:

The civil rights movement/history, government systems, community systems, skill building, self-determination training, systems advocacy, as well as developing and implementing community projects.

## Apply by April 11th at:

<https://tinyurl.com/ArcLeadership2019>

### Legislative Coffee's

This is your opportunity to give input to your representatives, and hear their views on supporting individuals with developmental disabilities and their families.

Your personal stories and connections with your legislators can and will make a difference!

## Leadership Development Program

### April

Kick off - In person  
**April 26<sup>th</sup> 6-9pm**

Legislative Advocacy

### May

History of Development Disabilities and the Civil Rights Movement

Understanding other Cultures & Communication

### June

Special Education

Government Resources

### July

Family Resiliency/ Siblings

### August

Self-Advocacy

### Sept.

Community Resources/Graduation  
**Sept 20<sup>th</sup> 6-9pm**

Legislative Coffees

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*Monthly conference calls will take place on the 2<sup>nd</sup> Thursday of every month at 6:30pm*

*In person sessions take place at:  
The Arc of Snohomish County  
2500 Hewitt Ave. Suite 300  
Everett, WA 98201*

### Questions?

Contact Autumn Chancellor

[Autumn@arcsno.org](mailto:Autumn@arcsno.org)

425.258.2459 x 107

**We invite you to attend this unique opportunity to become a more effective advocate for yourself, your family, and other people with developmental disabilities.**

The Arc of Snohomish County is offering this Leadership Development Program for people with developmental disabilities and their families. This is a one-year project funded by the Washington State Developmental Disabilities Council.

### **What you will gain from participating:**

The intent of the project is to train and support individuals in leadership skills and systems advocacy on behalf of people with developmental disabilities and their families.



### **What Participants Have Said**

*"Words cannot describe the experience I have gained in this program. The Leadership Development program has given me the confidence and skills to advocate for my daughter."*

*~Diane P.*

*"The Arc's program has allowed me to become better at working with people and taught me how to run meetings by myself. I have gained independence from the group."*

*~Trevor P.*



**The Arc of Snohomish County**  
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Autumn Chancellor  
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*In collaboration with:*  
**Washington State Developmental Disabilities Council**  
[www.ddc.wa.gov](http://www.ddc.wa.gov)



## **2019 Leadership Development Program**

*"Never doubt that a small group of thoughtful committed citizens can change the world; indeed it's the only thing that ever does"*  
*Margaret Mead*



### **Arc Mission Statement**

*The Arc fosters respect and access for individuals with intellectual and developmental disabilities and their families, giving them the power to achieve a full and satisfying life.*