

Family Advising Opportunity

- Do you have tips for organizing your child's health information?
- Would you be willing to share your tips with other parents?

Parents of children with ongoing medical, developmental, emotional, behavioral, or mental health conditions learn over time the importance of a system for organizing papers and information about their child's care—appointments, medicines, instructions, medical summaries, finances—so many records to keep track of.

Seattle Children's Center for Children with Special Needs is recruiting parents or caregivers to participate in short videos about organizing a child's health information. Videos will appear on CSHCN.org.

When: Recruiting through May 31, 2018. Videos will be filmed June, 2018.

Where: At our offices at 70th and Sand Point Way or the hospital. We may be able to come to your home if you prefer and if you live in the Puget Sound region.

Time Commitment: 1-2 hours

What: Two Center staff members will video you (using our iPhones!) as you describe one or two tips or tricks you use to help organize your child's health information. Tips and tricks will be simple. Many parents may not have learned what you have. For example, a tip might be *"At first, no one told me I was going to have to share the same information about my child over and over again—now I keep a big envelope handy and take it to appointments so I can pull out what I need"*. Videos will be very short---10-30 seconds. You can "rehearse" beforehand. Your name or your child's name will not be associated with your video.

Stipend: \$75

We'd love to hear from you! If interested, or for questions, contact cshcn@seattlechildrens.org or (206) 987-3736 by May 31, 2018.