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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **SPECIAL NEEDS RESPITE PROGRAM at the BELLEVUE FAMILY YMCA**



# **SUPPORT, GROW, BELONG**

### **DESCRIPTION**

The Bellevue Family YMCA will pilot a Special Needs Respite Program available for middle school aged participants. Our mission is to provide a safe, wholesome environment for special needs individuals, allowing parents some time to address other family and personal needs. Participants will engage in physical, team building, and social activities, all designed to create for a meaningful afternoon.

### **WHEN**

Saturday, October 29, 3-6:30pm\*  
Saturday, November 19, 3-6:30pm  
Saturday, December 17, 3-6:30pm

*\*Last day of registration day will be Friday, October 26.*

### **REGISTRATION**

**Registration is FREE and open to facility members AND community members.**  
Please email Daniel Astudillo at [dastudillo@seattleyymca.org](mailto:dastudillo@seattleyymca.org) to enroll your child for one or multiple days.

### **QUESTIONS**

Please call Daniel via phone at 425.746.9900 or via email if you have questions, would like more information, or would like to volunteer.