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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **SPECIAL NEEDS RESPITE PROGRAM at the BELLEVUE FAMILY YMCA**



# **SUPPORT, GROW, BELONG**

### **DESCRIPTION**

The Bellevue Family YMCA will pilot a Special Needs Respite Program available for middle school aged participants. Our mission is to provide a safe, wholesome environment for special needs individuals, allowing parents some time to address other family and personal needs. Participants will engage in physical, team building, and social activities, all designed to create for a meaningful afternoon.

### **WHEN**

Saturday, October 29, 3-6:30pm\*  
Saturday, November 19, 3-6:30pm  
Saturday, December 17, 3-6:30pm

*\*Last day of registration day will be Friday, October 7.*

### **REGISTRATION**

Participants need to be registered for the date they plan to attend. Register in person today at the Bellevue Family YMCA located on 14230 Bel-Red Rd. Bellevue, WA 98008.

### **QUESTIONS**

For questions or more information, or would like to get involved, please contact Daniel Astudillo at [dastudillo@seattleyymca.org](mailto:dastudillo@seattleyymca.org) or 425.746.9900.