

# FATHER CONNECTIONS

 A HELPING PARENT TRAINING **JUST FOR DADS!**

- ◇ Do you enjoy sharing information and resources with other dads?
- ◇ Can you offer another father hope for their child's future?
- ◇ Would you be a good mentor to another dad who has a child with a similar diagnosis as your own?



For fathers of children with intellectual and developmental disabilities.



**YOU  
MAY BE  
AN EXCELLENT  
HELPING PARENT!**



Our program is based on the philosophy that parents of children and adults with disabilities can be helped by other parents who have traveled the road before them. We understand the emotions, myths, and realities of parenting a child with a disability. We don't necessarily solve a family's problems, but we are willing to listen and share our own experiences. This training provides strategies and resources so you can be the most knowledgeable and compassionate resource to other parents like you.

***A light breakfast  
will be provided***

**RSVP REQUIRED!**

Contact Rachel Nemhauser at  
RNemhauser@arcofkingcounty.org or 206.829.7046

## **2-Part Series**

*Please plan to attend both days*

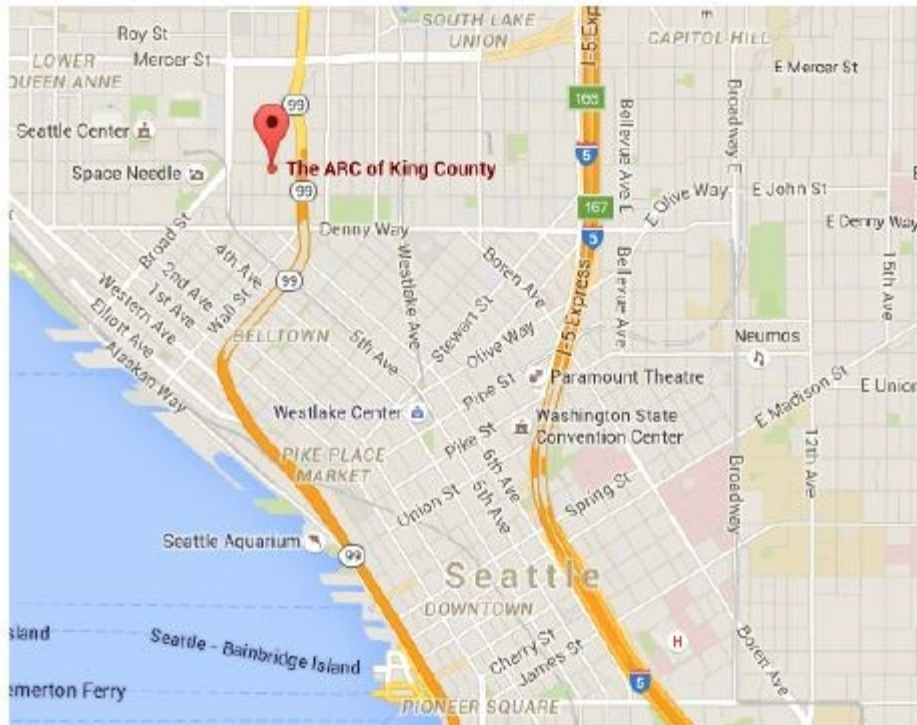
**DATES:** June 4 and June 11, 2016

**TIME:** 9:00am-noon

**LOCATION:** Arc of King County

233 6th Avenue North  
Seattle WA 98109

## Directions to The Arc of King County



### From North

- Take I-5 South
- Take exit 166 for Stewart St toward Denny Way
- Merge onto Eastlake Ave E.
- Use any lane to turn slightly right onto Stewart St
- Turn right onto Denny Way
- Turn right onto 6th Ave N.
- The Arc is on your left at the corner of 6th and Thomas about two blocks from the Space Needle

### From South

- Take I-5 North
- Use the left lane exit 165 for Seneca St
- Slight right onto 6th Ave
- Head toward the Space Needle
- The Arc is on your left at the corner of 6th and Thomas about two blocks from the Space Needle